



# Newpark Comprehensive School

*Scoil Chuimsitheach Na Páirce Nua*

28th August 2009

Dear Parents/Guardians,

We are writing to you in relation to the Influenza (H1N1, Swine-flu).

If your son/daughter has been infected with this influenza during the summer, please inform the Nurses' Office.

If they are showing any flu-like symptoms, i.e-temperature, dry cough, sore throat, headache, runny nose, or aching muscles/joints, **PLEASE DO NOT SEND THE STUDENT TO SCHOOL**, until 7 days after the onset of symptoms.

If unsure if your child has flu or not please keep them at home and monitor symptoms. For further information contact your own GP, or freephone 1800941100 (flu information line) or log on to [www.swineflu.ie](http://www.swineflu.ie)

Any student presenting to the nurses' office with a temperature or flu-like symptoms will be sent home immediately.

The Nurses will meet with students to encourage good respiratory and hygiene practices. Please re-enforce this at home. Sending in tissues is advisable and parents may also send in an individual bottle of hand sanitizer for their own son/daughter's use.

Preventing the spread of germs is the single most effective way to slow the spread of this influenza.

We will continue to monitor the situation and keep you informed of any change in the guidelines as specified by the Public Health Office.

Nurses may be contacted by telephone if you have any further queries.

Yours Sincerely,

Nola Lambert    Avril Lahiffe

School Nurses